

PLAY BALL!

Somers Little League

Building Big League Character One Inning at a Time



**Register Online Now at www.somerslittleleague.org or
Walk In Baseball Registration**

Friday, February 5th
Friday, February 26th

6:00 - 8:00 PM Somers Elementary School Gym
6:00 - 8:00 PM Somers Elementary School Gym

Note: Player Evaluations are scheduled for February 27th and February 28th in a place to be determined (all affected players will be notified about location)

***** Please remember, Majors division players that were assigned to a team for the 2009 season, and are not being evaluated for the Juniors division for the 2010 season should not attend evaluations.*****

<u>League Age</u> <u>(Player's age attained on April 30th)</u>	<u>Evaluation Time</u>
14	Sunday February 28 th , 7:40-9 PM
13	Sunday February 28 th , 7:40-9 PM
12	Saturday February 27 th , 7:40-9 PM
11	Saturday February 27 th , 6:20-7:35PM
10	Saturday February 27 th , 5-6:15 PM
9	Sunday February 28 th , 6:20-7:35 PM
8	Sunday February 28 th , 5-6:15 PM

*****Birth certificates must be presented for first-time players.**

Tee-Ball players (ages 5-6, first time players): \$50
Instructional Players (ages 6-8): \$65
Minor and Majors players (ages 8-12): \$80
Juniors players (ages 13-14): \$90

Visit us at www.somerslittleleague.org
or email us at SomersLLBaseball@hotmail.com

Dear Parents and Guardians:

Welcome To the 2010 Little League Season! I would like to hare a few thoughts with you as we prepare for this season's fun and excitement.

I hope each of you will consider having you child participate in a youth sports program this spring, and most especially Little League Baseball. Like many other programs, Little League Baseball provides many oppourtunities for fun with friends, healthy exercise, and teamwork; but *baseball* is different than other youth sports because of its balanced emphasis on both the skills development and athletic ability.

Success in most sports is overwhelmingly dependent on athletic ability (e.g. running speed, strength, endurance) and physical attributes (eg. height, weight, body type). Baseball is unique because of its reliance on a set of basic skills that are learned, and with some commitment, can be learned by nearly all children.

To be sure, athletic ability and physical attributes play a role in each player's baseball experience, as it does in other sports, but at all levels of play, from T-Ball to the Professional Big Leagues, baseball is filled with successful players with a wide rage of these traits.

The great equalizer in a baseball game is the mental and physical skills learned as part of the game. There are many examples of successful ballplayers that are tall, short, heavy, thin, fast, and slow, there are examples of ballplayers that have overcome all sorts of challenges, and have made baseball a positive part of their lives. In short, baseball offers each of our children a great opportunity to face challenges and overcome them, while making friends and having fun.

I also want to let you know that Somers Little League will be introducing principles of the Positive Coaching Alliance (PCA) to our members. PCA is a non-profit organization committed to "Transforming youth sports, so sports can transform youth" , which is partners with Little League International, as well as many other youth sports organizations.

PCA promotes its principles as an alternative to a "win-at-all-cost" mentality. PCA calls a positive coach a "Double-Goal Coach". A win-at-all-cost coach has only goal – to win. A Double Goal Coach shares that goal (wants to win) but has a second goal that is even more important – to use the sports experiences to help young people learn "life lessons" and positive character traits that will help them succeed throughout their lives.

I will share more about PCA as our season unfolds; I hope and believe that these principles will allow Little League baseball in Somers to become an even greater positive experience for our children and our community.

Best Regards,

**Jeff Jablonski
President, Somers Little League**

**John Taylor
Vice President, Somers Little League**